



Report by **Aishwarya Metrani** Creative Brand Strategist

# Travel through the world of travellers



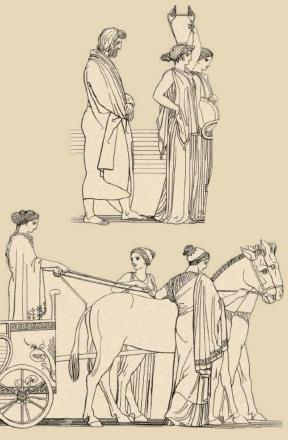
The word **"hospitality"** traces its origins to the Latin **"hospitalitis,"** a reflection of the guest-host relationship rooted in **"hospes"** – encompassing hosts, guests, strangers, and visitors. In essence, hospitality is the art of embracing guests and strangers, often marked by warm generosity.

This timeless concept finds a home in various cultures and religions. From the **ancient Greek notion of Xenia – showcasing virtues through humble stranger-welcoming** – to the New Testament's call for sheltering travellers in need, and even in **Hinduism**, where guests are revered as **divine**, hospitality resonates as a **human-centred philosophy**.



Let's step back in time, on a journey through history that takes you to the very origins of hospitality. The story of hotels isn't just about places to lay your head; it's a tale of **cultural exchange**, **luxury**, and the **pursuit of comfort** that stretches back thousands of years.





## **Ancient Beginnings**

The echoes of hospitality resonate through the ages, reverberating from the realms of **Ancient Greece, Rome,** and even **Biblical times**.

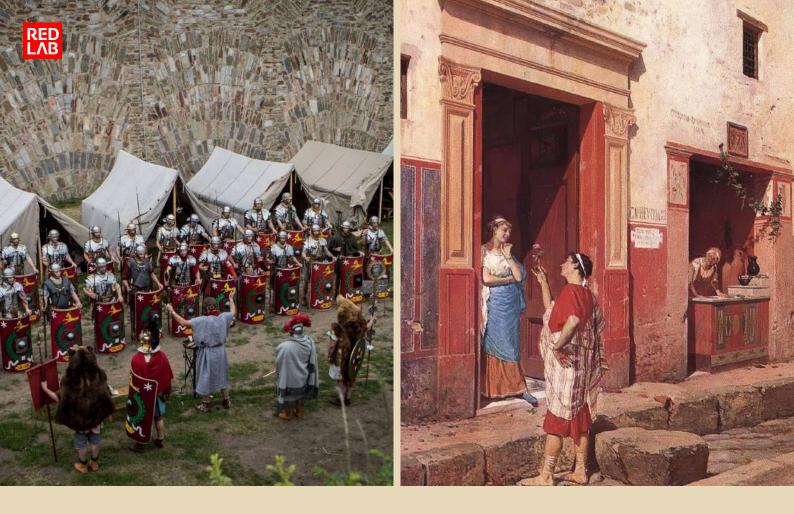
In these bygone eras, hospitality often stemmed from **religious beliefs** or **superstitions**, intertwining the threads of **spirituality** with the art of welcoming strangers.

Ancient Greece exemplified this blend, as travellers like missionaries and pilgrims embarked on journeys to sacred sites, intertwining their faith with exploration.



In **ancient Persia**, **caravans** wove tales of elaborate **tents** and **protective Khans**, creating havens against both nature's elements and nocturnal threats.



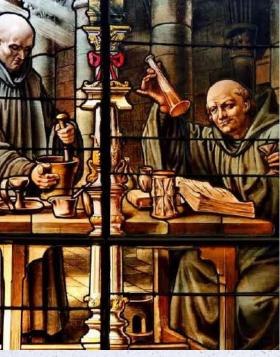


The **Roman era** witnessed travellers on **diplomatic**, **military**, or **political missions**, sometimes snubbing local accommodations in favour of their own tents.

The first inns, known as **"tabernae,"** welcomed weary travellers along the Roman roads. Think of them as the rustic predecessors of today's hotels.







## **Middle Ages**

Monasteries played an unexpected role in the evolution of hospitality. Monks provided shelter and sustenance to pilgrims and travellers, emphasizing the importance of altruism and care. These monastic lodgings laid the foundation for the concept of hospitality as a service.



In the early 700s, the first two guest houses/ hotels in history were registered in Japan which were called Ryokans. A ryokan is a type of traditional Japanese inn. These Ryokans were resting spots along the Silk Road.









In the Middle Ages, **religion** once again walked hand in hand with **hospitality**, as it became a **Christian duty** to offer solace to **pilgrims** and **travellers**.

The concept of inns, known as **"xenodocheions,"** emerged, separating sacred meditations from the wandering public's clamour.

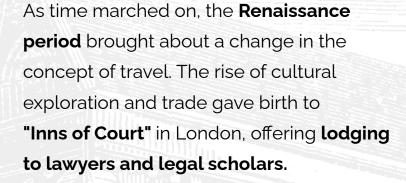
**Charlemagne's** reign marked a turning point, with laws dictating three-night stays for travellers, **striking a balance between charity and practicality**.

Florence's innovative guilds transformed hospitality into business, marking the inception of licensed inns that beckoned travellers with language and cuisine that felt like home.





## 14th to 18th Century



These inns marked the shift from mere rest stops to establishments catering to a specific clientele, foreshadowing the specialization we see in today's hotels.

The emergence of stagecoaches reshaped hospitality, driving the creation of inns along their routes. Stagecoach travellers catalyzed the growth and refinement of accommodations.

Inns transcended lodging, becoming gathering places for nobility, politicians, and priests. The stage was set for vibrant interactions in the heart of these establishments.













Inn architecture evolved, adopting the quadrangular form. Vaults, courtyards, and halls hosted weddings, feasts, and a diverse spectrum of travellers.

The real transformation occurred during the **18th century**, with the **Industrial Revolution** kicking things into high gear. Urbanization and increased travel demands led to the opening of grand hotels across Europe.

These opulent establishments, like the **Ritz in Paris** and the **Adlon in Berlin**, weren't just places to sleep; they were social hubs where the **rich**, **famous**, and **influential** gathered.

The 18th century introduced the intoxicating aroma of **coffeehouses**, woven seamlessly into the hospitality tapestry.

Enter the majestic **Hotel de Henri IV,** a pinnacle of luxury in **Nantes,** showcasing **60 beds** and adorning Europe with the grandeur of hospitality.

## 19th Century to 21st Century



Then came the **golden age of travel**, the **19th century**, with the advent of railroads and steamships. Hotels sprouted like mushrooms in response to the influx of tourists, ranging from **luxurious to more budget-friendly** options.

Innovations like **en suite bathrooms** and **room service** were introduced, and the concept of hospitality management started to take shape.

The **20th century** saw the democratization of travel. As tourism became more accessible to the masses, **motels** and **motor lodges** popped up alongside traditional hotels. The hospitality industry evolved with the times, incorporating **modern amenities** like televisions and air conditioning.





And now, here we are in the 21st century,
where technology has revolutionized the
way we book, experience, and review
hotels. From boutique hotels that offer
immersive experiences to eco-friendly
lodgings that champion sustainability, the
diversity within the hospitality landscape is
astounding.

As we unveil these chapters from **history**, we are reminded that each **era and culture** has woven its unique thread into this fabric, creating a rich narrative that continues to evolve.

So, the next time you step into a hotel, remember that you're not just checking in; you're connecting with a legacy that spans centuries. From **Roman tabernae to futuristic smart hotels**, the journey of hotels is a testament to the ever-changing needs and desires of travellers like you.



## India's Brief History of Hospitality



## **Ancient Beginnings**

Long ago, during the Indus Valley Civilization and Vedic days, India's hospitality roots started to grow. People travelled for trade and religion, and the idea of visiting sacred places across the land like the **Char Dham** concept became important. These ancient travellers needed places to rest, and monasteries and inns welcomed them.

The "atithi devo bhava" philosophy, treating guests like gods, took shape. Villages had resting spots that slowly turned into proper shelters with support from rulers.

Back then, India was known for silk, spices, and gems. People travelled on land and water, trading with far-off lands like Greece, China, and Indonesia,



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## Ancient and Medieval Era

The idea of treating guests as gods continued. Inns called **"dharamshalas"** popped up to offer safe spaces. Famous travellers like **Fan Hien** and **Huein Tsang** talked about how





kind and welcoming Indians were. Special places called "sarais" and "musafirkhanas" took care of travellers' needs.

## **Colonial Era**

When the **British** came, proper hotels started to appear. Taverns turned into better places to stay, like **Hope Hall Family Hotel.** The influence of the West continued until Indian-style hotels like **Sardar Griha** and **Madhavashram** showed up.

## Modern Era

After India gained independence, hotels improved a lot. Famous groups like **The Oberoi** and **Taj** made old British properties better and started expanding overseas. Big international chains like **Hyatt, Marriott,** and **Hilton** also came to India, offering luxury and comfort.

## From Ancient Ways to Today's Comfort

India's hospitality story is a **tale of welcoming hearts and trade,** stretching across time. **It's like treating guests as gods,** offering them comfort, and sharing India's rich culture. Travellers today experience a journey that's both ancient and modern, **a mix of warmth, culture, and luxury.** 



## **Exploring the Traveller**

Travelling is a human experience that has been around for centuries and there are many different types of travellers. They mainly fall in two different categories - **FIT** and **GIT.** Every other traveller falls into the sub-categories of these main categories, each with their own unique motivations and goals.







## The Free Individual Traveller (FIT)

The Free Individual Traveller is a modern-day explorer. Picture yourself with a backpack, a map, and a heart brimming with wanderlust. This traveller sets out on a journey that's unscripted, unrestrained, and uniquely personal.

Guided by curiosity and a thirst for discovery, the Free Individual Traveller roams on their terms. No fixed itineraries, and no tour guides – just the open road and the freedom to choose where it leads.

They savour the art of spontaneity, making friends with locals, trying exotic cuisines, and stumbling upon hidden gems that aren't found in guidebooks. For the Free Individual Traveller, it's about the experience and the thrill of the unknown.







## Group Inclusive Tourist (GIT)

The Group Inclusive Tourist is a social voyager who believes that travel is best enjoyed in the company of fellow explorers. Imagine embarking on a journey where the details are meticulously planned, and the camaraderie of a group adds an extra layer of excitement.

The Group Inclusive Tourist thrives in the world of guided travel experiences. They join organized tours led by experts, ensuring a seamless exploration of destinations without the hassle of logistics.

The power of shared experiences brings this traveller closer to people from diverse backgrounds. Bonds are forged over picturesque landscapes, culinary adventures, and late-night conversations.

As a Group Inclusive Tourist, the journey is less about planning and more about relishing each moment. The structured itinerary ensures that iconic sites are explored, and no time is wasted.









## Understanding the Free Individual Traveller

FIT, a widely used term in tourism, might sometimes get mixed up with other terms. Although these terms essentially mean the same thing: a fully independent traveller. The other terms used are:

- Free Independent Tourist
- Fully Independent Traveller
- Flexible Itinerary Tourist
- Frequent Individual Traveller
- Free Itinerary Traveller
- F Free/ Fully/ Frequent/ Flexible
- I Individual/ Itinerary/ Independent
- **T** Traveller/ Tourist

## Free Itinerary Traveller for Business

A business traveller, armed with a laptop and a sense of adventure is not tied down by rigid schedules, but they're also not just tourists. They're free itinerary travellers on a business mission.

These modern nomads blend **work with leisure** seamlessly. They might be preparing **a presentation in a cozy café one moment and exploring local markets the next.** With the world as their office, they make business trips exciting and efficient.







## Free Itinerary Traveller for Leisure

Imagine jetting off to a new destination with only your **dreams** and **curiosity** as your guides. That's the spirit of free itinerary leisure travellers.

These travellers might find themselves strolling through charming alleyways, trying street food, and stumbling upon hidden gems. They value spontaneity, making their journeys truly unique. They don't follow tour guides or stick to crowded tourist spots. They create their own adventure.







## **Domestic Free Itinerary Travellers**

The domestic free itinerary travellers are flipping the script on **traditional wanderlust** by rekindling their love for the familiar—their own country. For them, travel isn't about crossing borders; it's about **unearthing the hidden treasures** within their own nation.

They're the ones taking **spontaneous road trips,** following winding trails, and exploring off-the-beaten-path towns. Their journey is a rediscovery of the place they call home.

What sets them apart is their drive to explore every nook and cranny, and their ability to find the extraordinary in the ordinary. They're embracing the adventure that's right under their noses, reminding us that travel is a mindset, not just a plane ticket.







## Foreign Itinerary Travellers

Across oceans and continents, foreign free itinerary travellers roam with an insatiable thirst for adventure. Their travel philosophy is simple: **go with the flow and let the world guide you**.

These **global explorers** don't rely on meticulously planned itineraries either. They let the destination speak to them. What makes them remarkable is their ability to adapt and connect. They're open to **cultural nuances, eager to learn local customs,** and **excited to engage** in spontaneous conversations with fellow travellers.



## Diverse Requirements of Free Itinerary Travellers based on transport



## LUXURY LOVERS

## Transport

Opt for comfortable and efficient modes, like flights or private transfers, prioritizing convenience and minimizing travel time.

## Accommodation

Seek high-end hotels and resorts, aiming for luxury amenities, personalized service, and prime locations.

## Cuisine

Enjoy gourmet dining experiences at renowned restaurants, exploring local delicacies with a touch of elegance.

## **ROAD RUNNERS**

## Transport

Choose road trips, embracing the freedom to control the journey and explore hidden gems along the way.

## Accommodation

Look for budget-friendly motels, lodges, or cozy cabins, focusing on affordability and a cozy atmosphere.

## Cuisine

Delve into local diners, roadside eateries, and food trucks, relishing regional flavours



### **BACKPACKING MAVERICKS**

### Transport

Utilize public transportation, rideshares, or budget airlines, prioritizing cost-efficiency and accessibility.

### Accommodation

Opt for hostels, guesthouses, or even camping, embracing communal experiences and keeping lodging expenses low.

## Cuisine

Explore street food stalls, local markets, and affordable eateries, immersing in the culture through budget-friendly culinary adventures.

While the priorities may vary across these diverse traveller categories, each brings its unique flair to the world of independent exploration, all the while maximizing their experiences within their chosen budget constraints.



## Understanding the Group Itinerary Travellers



GIT, a widely used term in tourism, might sometimes get mixed up with other terms. Although these terms essentially mean the same thing: a group inclusive traveller. The other terms often used are:

Group inclusive touristGroup itinerary traveller

## DOMESTIC GROUP ITINERARY TRAVELLERS

Domestic group itinerary travellers are those who embark on organized trips within their own country, often with a predetermined schedule and activities. These travellers seek to explore the richness of their homeland, discovering hidden gems and popular landmarks alike. They enjoy the camaraderie of group travel while benefiting from local insights.

For instance, a group of friends from Mumbai might join a guided tour to experience the vibrant festivals of Rajasthan, immersing in the cultural diversity of their own nation.





## FOREIGN GROUP ITINERARY TRAVELLERS

Foreign group itinerary travellers venture beyond their borders, embracing the thrill of exploring new cultures and landscapes with fellow travellers. These groups, led by tour guides, journey through foreign lands, sharing moments of discovery and learning.

Imagine a group of retirees from the United States embarking on a European river cruise, where they sail along historic waterways, exploring iconic cities and enjoying the company of like-minded individuals.







## MICE

MICE, an acronym encompassing Meetings, Incentives, Conferences, and Events. MICE events blend business with unique cultural experiences through travel.

- Meetings: Imagine brainstorming sessions amidst the bustling streets of Tokyo or holding strategy meetings against the stunning backdrop of a Swiss Alps retreat.
- Incentives: High achievers at work may find themselves enjoying an exclusive wine-tasting experience in the vineyards of Napa Valley or embarking on a thrilling safari adventure in South Africa as a reward for their hard work.
- **Conferences:** Picture a tech conference in the heart of Silicon Valley, where innovation is fueled not only by presentations but also by the vibrant tech culture of the region.
- Events: From hosting a product launch on a luxury yacht in the Mediterranean to celebrating milestones in a grand castle in Scotland.









## **DESTINATION WEDDINGS**

Group itinerary travellers come together to celebrate love and union in **picturesque locations** around the world, creating unforgettable memories with their close ones. For instance, couples might choose to tie the knot on a pristine beach in **Bali** or amidst the historic charm of a **Tuscan villa**.

## **AWARD SHOWS**

Enthusiastic groups embark on trips to witness the glamour and excitement of prestigious award shows, immersing themselves in the entertainment industry's finest moments. For instance, **Hollywood's Oscars** and **India's Filmfare Awards** draw fans from all over the world to be part of the glitzy ceremonies.

### **PILGRIMAGE TRAVEL**

Devotees travel in groups to sacred destinations, seeking spiritual solace and participating in rituals that connect them with their faith and heritage. **The Hajj** pilgrimage to Mecca or the **Kumbh Mela** in India are examples of such deeply meaningful group journeys.







## PHOTOGRAPHY EXPEDITIONS

Photography enthusiasts join group tours to capture the world's beauty through their lenses, sharing their passion for visual storytelling. Travelling to photograph the **Northern Lights in Iceland** or the wildlife of the **African savannah** are popular choices.

## **SPORTS SPECTACLES**

Sports fans unite in groups to cheer for their favourite teams at major tournaments and championships, sharing the thrill of victory and the camaraderie of fandom. The **FIFA World Cup** and the **Olympics** are iconic events that attract group travellers from all corners of the globe.

## **MUSIC CONCERT TOURS**

Music lovers travel together to attend concerts and festivals, sharing the joy of live performances and the rhythm of their favourite artists. For instance, the **Coachella Valley Music and Arts Festival** in the US or **Tomorrowland** in Belgium are magnets for music enthusiasts.









## **HISTORY-INSPIRED JOURNEYS**

History buffs gather in groups to explore ancient sites, delving into the past and uncovering the stories that shaped civilizations. A group visit to the **Pyramids of** Giza or the ancient ruins of Machu Picchu brings history to life.

## **FILM-INSPIRED ADVENTURES**

Film enthusiasts embark on group trips to visit iconic filming locations, immersing themselves in the world of their favourite movies and TV shows. Fans of "The Lord of the Rings" might journey to New Zealand to see the landscapes of **Middle-earth**.

## SENIOR CITIZENS

For retirees craving companionship and leisure, Senior Group Tours bring together kindred spirits to explore **historic gems** and cultural treasures. With a budget-friendly approach and comfortable pace, they forge new friendships while local guides share captivating stories.

## **ADVENTURE SEEKERS**

For the adrenaline junkies, adventure groups unite thrill-seekers for heart-pounding experiences like mountain climbs and white-water rafting. Travel in small groups, and forge unforgettable connections while conquering the great outdoors.



## **STUDENT GROUP TOURS**

Performers, athletes, scholars, and students find their niche when learning meets adventure. They showcase talents, balance competition with exploration, dive into **curriculum-based trips** or bid high school farewell on **thrilling adventures**.

## **EUTHANASIA TRAVELLING**

In some cases, terminally ill individuals and their families choose to travel to countries **where euthanasia is legal.** This deeply emotional journey allows them to spend their final moments in a place of their choosing, surrounded by loved ones.

## TRAVEL THE WORLD IN 300 DAYS GROUP TOUR

Adventure enthusiasts embark on epic 300-day journeys, circling the globe to explore diverse cultures, landscapes, and experiences. It's the ultimate travel dream, allowing participants to collect a lifetime of memories from around the world. An example is the **"World Tour by Semester at Sea,"** a global voyage for students to explore multiple countries over the span of a semester.



Group itinerary travel caters to a diverse array of explorers. From families seeking kid-friendly adventures to solo travellers craving new connections, and from corporate teams on team-building retreats to eco-conscious groups committed to sustainable exploration, the world of group itinerary travellers is boundless. Whether it's cultural immersions, outdoor escapades, educational pursuits, or wellness retreats, there's a group for every interest and every traveller seeking camaraderie and shared experiences on their journeys.

## Timing the Travel



These meticulous planners are the architects of their trips. They start researching and booking well in advance, ensuring every detail is perfected. By pre-booking accommodations, transportation, and activities, advance travellers secure the best deals and availability. Their methodical approach not only guarantees a stress-free experience but also allows them to enjoy their journey to the fullest.

## LAST-MINUTE TRAVELLER

Spontaneity is the essence of last-minute travellers. They thrive on seizing opportunities. While they might miss out on some early bird deals, they often find incredible last-minute savings on flights, accommodations, and activities. The flexibility to wait until the eleventh hour can lead to surprising affordability and a sense of adventure.

## **Conclusion**

The traveller's path is as diverse as the destinations they seek. The magic of travel lies not just in the places we visit but in the stories we collect, the connections we forge, and the perspectives we gain.

Travel isn't just a pastime but a transformative force. The hotelier's role, too, is evolving. It's no longer just about offering a place to stay; it's about curating experiences that linger in the traveller's heart long after the journey ends. It's about blending the best of technology with the warmth of the human touch, sustainability with luxury, and safety with adventure.

In the end, whether you choose the solo trail of self-discovery or the guided route of shared experiences, it's your story to tell, and your memories to forge.

Choose your adventures wisely, pack your curiosity, and set forth to explore the world with compassion and commitment. For in the world of travel, the greatest adventures are yet to come.



## **Red Lab presents Unique Experiences**



**The Manta Resort** Zanzibar, Tanzania *Underwater Hotels:* Offers a submerged bedroom with panoramic views of marine life in the Indian Ocean.



**Treehotel** Harads, Sweden

*Treehouse Hotels:* Features architecturally stunning treehouses suspended high in the forest canopy.



**Icehotel** Jukkasjärvi, Sweden

*Ice and Snow Hotels:* A creation made entirely of ice and snow, rebuilt every year with hand-carved ice sculptures and themed rooms.



Ashford Castle County Mayo, Ireland *Historical Castle Hotels:* A 13th-century castle turned luxury hotel with opulent rooms, fine dining, and expansive estate.



Cappadocia Cave Suites, Turkey *Boutique Cave Hotels:* Unique cave-carved rooms that blend modern comfort with ancient charm.



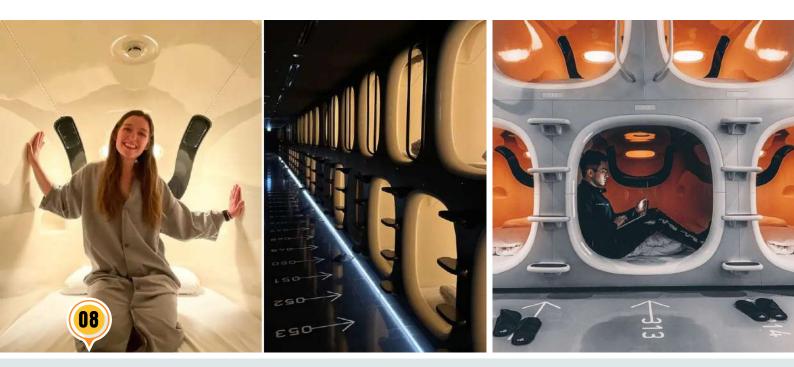
Singita Grumeti Serengeti, Tanzania Safari Lodges: Offers luxurious safari lodges with game drives and wildlife encounters in the African wilderness.





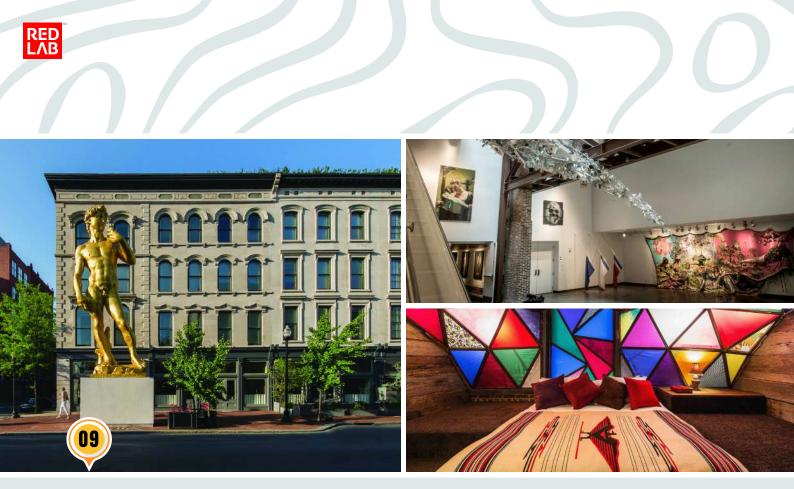
The FloatHouse River Kwai, Thailand

*Floating Hotels:* Cozy floating villas on the Kwai Noi River surrounded by lush jungle.



**Nine Hours** Tokyo, Japan

*Capsule Hotels:* Minimalist yet efficient accommodations with compact sleeping pods in a futuristic urban setting.



**21c Museum Hotel** Louisville, USA *Art Hotels:* Combines contemporary art galleries with luxurious accommodations, offering an immersive art experience.



**Soneva Fushi** Maldives *Eco-Friendly Retreats:* An eco-friendly paradise with sustainable practices, including waste-to-wealth initiatives, organic gardens & stargazing observatory.



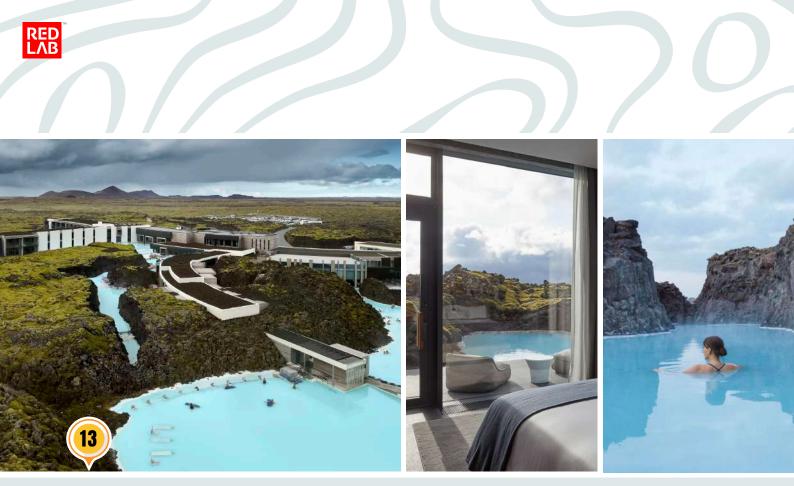


Kakslauttanen Arctic Resort Finland *Glass Igloos:* Stay in cozy glass igloos under the Northern Lights, providing uninterrupted views of the Arctic skies.



Wadi Rum Night Luxury Camp Jordan

*Luxury Desert Camps:* Experience the romance of the desert with luxurious Bedouin-style camps offering stunning desert views and traditional hospitality.



Blue Lagoon Iceland Retreat

*Hot Springs Resorts:* Soak in natural geothermal hot springs while surrounded by breathtaking Icelandic landscapes.



Four Seasons Resort, Bora Bora French Polynesia

*Overwater Bungalows:* Relax in lavish overwater bungalows with direct access to crystal-clear waters & vibrant coral reefs.



**The Stanley Hotel** Colorado, USA *Haunted Hotels:* Stay in this historic haunted hotel known for its paranormal activity, perfect for thrill-seekers and ghost enthusiasts.



Londolozi Private Game Reserve South Africa *Wildlife Safari Lodges:* Enjoy the thrill of wildlife safaris combined with luxurious accommodations in the heart of the African bush.



Heceta Head Lighthouse Bed & Breakfast, Oregon, USA *Historic Lighthouse Hotels:* Experience maritime history by staying in this beautifully restored lighthouse with stunning coastal views.



SkyLawn Rooftop New York City, USA **Rooftop Camping:** Camp under the stars atop iconic skyscrapers for a unique urban adventure with unparalleled cityscape views.







**Bubble Lodge Mauritius** Mauritius

*Treetop Bubble Hotels:* Sleep in transparent bubble suites suspended on the treetops, providing an intimate connection with nature.



**Gangtey Goenpa Lodge** Bhutan

*Mountain Monastery Retreats:* Stay in serene mountain lodges to immerse yourself in Bhutan's rich Buddhist culture and stunning Himalayan landscapes.





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